## Overcoming a Heart of Anger Matthew 5:21-26 June 19, 2022

Anger is the heart from which murder grows

Thomas Watson - When lust or anger burn in the soul, Satan warms himself at it's fire.

How to Overcome My Anger **1. Acknowledge My Sin** From where does anger come? James 4:1-2

We get angry when there's something we want really badly and we don't get it.

Matthew 5:23-24 - Jesus is not merely concerned with external giving habits but rather our hearts while we give.

## 2. Trust God's Sovereignty in My Circumstances 1 Peter 2:18-23

What is God's role in my circumstances?

## 3. Live in Brotherly Love

Be quick to forgive and/or overlook sins

Be quick to reconcile